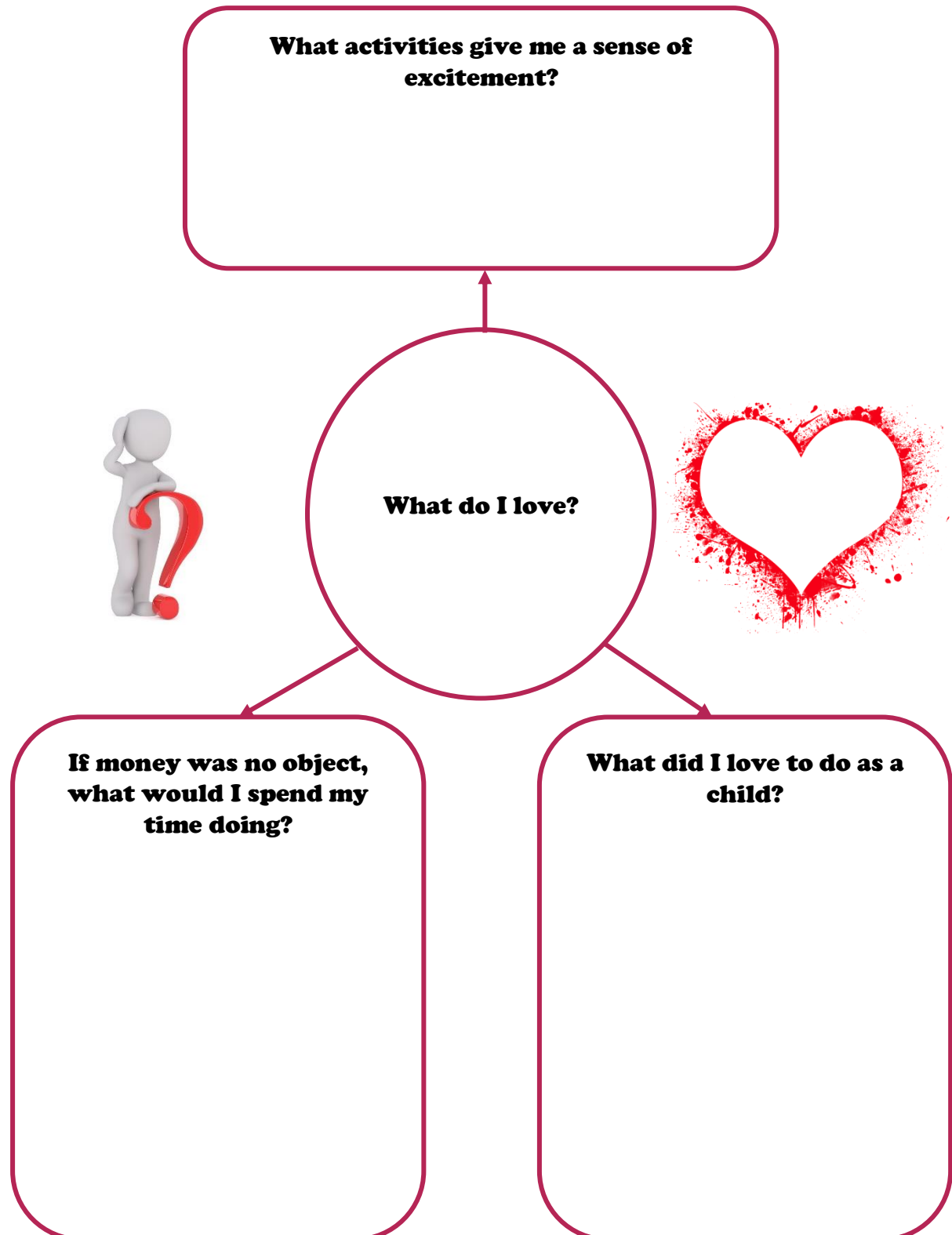


Ikigai part 1

Answer the questions below to help you figure out what you love and what you're good at. This is the first step in discovering your Ikigai, or purpose in life.



What are the things I do that often get a positive response?

What am I good at?



What do people compliment me on or praise me for?

What subjects did I do best in at school?